



Introducing the First National Community Resiliency Project *Teleconference*

Learn about an “Innate Health” Psychology – based on simple, formless and spiritual Principles – now impacting ...

- At-risk communities
- Schools (Preschool – 12) & Universities
- Hospitals & Health Care Systems
- Psychiatry & Psychology
- Behavioral Health and Social Services ...

worldwide!



In 1973, Mr. Sydney Banks, a 9th grade-educated welder, experienced a life-changing insight that brought the world the “Three Principles” of ***Mind, Consciousness and Thought***. Forty years later, the Three Principles have become integrated within government systems, drug & alcohol programs, behavioral health programming, hospitals, community revitalization work, and many more fields.

The **basic premises** of a Three Principles psychology are:

- All human beings are connected to a Divine or Universal Intelligence (wisdom) ... and to mental health.
- Thought – as a Principle – works with Consciousness to produce our feeling states, our reactions and our overall experience of life. Our thoughts dictate our lives.
- Much of what we think is not real.

The Center for Sustainable Change is hosting a **7-part Teleconference** featuring speakers from across the United States – partners and affiliates in our **National Community Resiliency Project**. Speakers from hospital systems, community housing, restorative justice and beyond, will share insights and outcomes from bringing the 3 Principles into their fields. **Cost for the series is \$250** (for up to 3 people from one agency). Hour-long calls are **Fridays at 11 am Pacific/1 pm Central/2 pm Eastern** (7 p.m. in the U.K.)

- Call 1 - July 2nd Ami Chen Mills-Naim (CSC Director) will introduce the Principles and discuss their nature and implications.
- Call 2 - July 9th Continuation of Principles discussion and implications, introduction of **National Community Resiliency Project (NCRP)** with Debbie Trent, Director of The Cypress Initiative, Center for Human Resiliency in Tampa, FL.
- Call 3 – July 16th Realizing Health in Hospitals: The 3 Principles in a hospital system and behavioral health, integration and impacts – featuring speakers from Iowa Health System—Des Moines.
- Call 4 – July 23rd 3 Principles in Restorative Justice with Claudia Henning and Scarlett Lunning of Iowa’s Youth Justice Initiative.
- Call 5 – July 30th Transforming Consciousness in the Mississippi Delta – from “Downtrodden to Uplifted” with DCA Director Larry Williams.
- Call 6 – August 6th From “Just Housing” to the Human Spirit: An inside-out approach to community development – Dave Nichols, Lakewood CDC, Charlotte NC.
- Call 7 – August 13th Beyond Diagnoses: Implications and impacts of spiritual principles in psychiatry and psychology with Linda Sandel-Pettit Ed.D., and Bill Pettit, M.D.

**Register with Jayme King at the Center for Sustainable Change
(650) 424-0705 x 20 or jayme@principlespsychology.org**